



Portal Village Retirement Home
Community Resources
SUPPORT SERVICES

Alzheimer Society

Tel. 905-687-3914

www.alzheimerniagara.ca

Arthritis Society

Tel. 905-646-7264

www.arthritis.ca

Canadian Diabetes Association

Tel. 905-641-3500

www.diabetes.ca

Canadian Mental Health Association

Tel. 905-354-4576

www.ontario.cmha.ca/seniors

CCAC (Community Care Access Centres)

Tel. 905-684-9441 / 800-263-5480

www.niagara.ccac-ont.ca

Geriatric Mental Health

Tel. 905-704-4068

Paramed Home Health Care

Tel. 905-682-6555 / 800-263-4900

www.paramed.ca

Red Cross

Tel. 905-680-1818

St. Elizabeth Health Care

Tel. 905-704-4580 / 866-619-4067

We Care

Tel. 905-988-5262 / 866-501-6971

www.wecare.ca

Wellspring Niagara

Tel. 905-684-7619

www.wellspring.ca